

1st Quarter 2007
SM City Bacoor
Lower Ground Floor
(46) 970-1850



Mabuhay Chiropractic Clinics

Natural Healthy Living

First Chiropractic Clinic in Cavite

OPEN HOUSE & BLESSING

February 1st was the official Open House date of Cavite's first permanent Chiropractic Clinic, located in the SM City Bacoor lower ground level.

Pastor Irving De Mesa of Cavite City Trinity Church, Assemblies Of God, performed the clinic's blessing in the company of many community leaders including the Honorable Congressman Jun Abaya, Cavite Board of Director Dr. Louie Pagtakhan, representative leaders from several Cavite Rotary Clubs, many friends, clinic patients and Well Point Medical Clinic staff.

The community was introduced to Michel Tetrault, Doctor of Chiropractic, nick name "Doc Mike". He originally comes from Winnipeg, Canada but has worked as a Chiropractor in USA since he graduated summa cum laude in 1979.

He and his wife Apple and 4 yr old daughter, Jazmine live in Habay, Bacoor since October 2006. They were married in 1999 in Rosario and have returned many times to the Philippines, knowing that one day they would be making a permanent move about the time the daughter was ready to start school.



SM City Bacoor is located at the transportation axis of Cavite so this is why the clinic is situated at this Mall.

The plans are to establish an additional clinic in Dasmariñas and another facility within EPZA

within one or two years, to improve the availability with more chiropractors to provide services throughout Cavite.

Doc Mike is especially proud to announce that his practice is committed to provide expert spinal care, natural healthcare solutions and health promotion.

"I am here to reduce suffering and to improve lives" is his favorite quote, but the clinic motto says: **"For the Restoration and Preservation of Health"**

It was a gala event well attended and the first of what could be quarterly celebrations held in an Open House format, Quarterly, to improve communications with the SM Mall tenants, the growing number of clinic patients and their friends, to invite local school leaders, business leaders and others in the health care delivery system to exchange ideas on healthy lifestyles.

New Care Packages

Many of our patients have asked if we offer a discount package for multiple sessions for chiropractic services. We have listened to your needs and thought very carefully about this request.

To get the maximum benefits from chiropractic care does require time and an appropriate schedule of treatments. This can range from 4 to 24 sessions, depending on the severity of the

underlying spinal problems. At present here are the discount packages that are offered:

1. Regular by the visit flat fee remains at the per session rate.
2. Six (6) session package is set up so you essentially pay for 5 sessions and get the sixth free.
3. Ten (10) session package is set up so you essentially pay for 8 sessions and get two free.

We hope this makes it easier to explain to those you speak to who are interested in receiving chiropractic care, as to what their costs would run.

We **thank you** in advance for your kind **referrals**. You know our mission is to help reduce suffering and improve the quality of lives without the use of drugs or surgery!

Health Promotion Agenda

- Proper Diet and Nutrition
- Proper Exercise and Fitness
- Proper Sleep and Rest
- Positive Mental Attitude
- Proper Nerve Supply



March 27th Community Day

Please join us Tuesday Evening at SM City Bacoor, Lower Ground Level, from 6-8pm in the Well Point Medical Clinic for our month end Open Door Party.

- Refreshments
- Healthy Food
- Door Prizes
- Bring a friend

Testimonial Corner

FULL SPINE CONCERNS

I first heard of Dr. Tetrault's chiropractic clinic during DLSU Homecoming Fair. I was suffering from severe Migraines, back pains, chest pain and sinusitis with difficulty breathing for many years.

I began feeling improvements after just a few sessions but after only one month I am now feeling much better. The exercises and other recommendations in lifestyle made by Dr. Tetrault are helping me maintain my health.

The clinic staff is friendly and courteous and I would recommend anyone to see how Dr. Tetrault could help them with their chronic, persistent pains.

Rose M., Dasmariñas



DAILY BACK PAINS GONE

My wife told me about Dr. Tetrault's clinic. She had heard about chiropractic from a friend and then saw the sign in the SM City Bacoor mall.

I was suffering for a few years with back pains, sinusitis, tension headaches and knee pains.

After just a few sessions my pain was less severe but, following the doctor's schedule of care, I have fully recovered within six weeks.

Dr. Tetrault is also helping me with my diet and I have gained over 10 lbs after being underweight for so many years.

My wife and I are thankful that chiropractic care is now available in Cavite.

Macky M., Imus

Headaches

Headaches are one of the major conditions that are responsible for missed days at work. Sometimes the headache is simply a result of last night's social activities and resolves itself by taking some fluids and/or eating some food.

Sometimes this is the same nagging headache that keeps coming back every month or more often.

Chronic re-occurring headaches need attention as they can signal a developing health problem. The most common types of headaches such as tension

or stress headaches, vascular or Migraine headaches, Sinus pressure headaches respond well to Chiropractic methods of drugless healthcare.

Until a chiropractic evaluation is performed there is no way of knowing for sure if Chiropractic can be of help. Since this offers a solution that focuses on identifying the underlying causes of headaches, this is a smart move.

"Until a chiropractic evaluation is performed there is no way of knowing for sure if Chiropractic can be of help."

On the other hand, some headaches start small but very quickly become very painful, when they did not previously have a history of headache, this could be a medical emergency, a brain tumor.

Luckily the chances of a headache being a brain tumor is less than 1% but when headaches keep coming back it is still important to have a check up.

Courtesy VIP Discount

As a patient of this clinic you have the privilege to refer someone to our office at a reduced rate.

It is not uncommon for people to ask questions about chiropractic when they hear that you are or have been a chiropractic patient. What did the doctor do? Did it hurt? How does it feel?

Then they will verbalize a long list of their health problems and ask if you think chiropractic can help them. What do you say? Do they even have a condition that responds to chiropractic care?

Fortunately you don't have to answer such a difficult question; simply offer them the same opportunity you had to see if Chiropractic can help them.

Fortunately you have a personal link with the clinic and can offer one of the discount certificates that accompanied this newsletter.

50% off the initial chiropractic evaluation.

It's just that easy!



That's what friends are for!